

Color My Soul for 2018

Vision Day for Creating Your Optimal Soul Path

Sunday, January 14th, 8:00 a.m. to 4:00 p.m.
North Joy Yoga, 3068 Trenwest, #7 Winston-Salem



Are you ready to make 2018 the year that launches you into the life you've always wanted? Would you like more radiance, clarity, certainty, and focus as you pave your way to optimal living? Have you felt blocked, afraid, or unable to fully step into your soul's purpose? Would you like to learn to manifest your dreams?

Ultimate soul health entails aligning with your inner ally to create the life that best fits your soul's desires. Many of us hesitate and even avoid following our truth, but the time has come to immerse ourselves in the colors of our soul in order to lead the life we've always wanted.

Come join Dr. Katherine Kelly for this one-day, soul-filled retreat which will help you access your soul's palette and paint your way to radiant soul health! Visualization, color, stones, aromatherapy, and sound therapy will be used to help you create and manifest your optimal life.



During this retreat, you will 1) dive deeply into your soul to create your ultimate vision for 2018, 2) learn to listen to your inner wisdom to create the life you want, 3) gain trust in your inner ally as it guides you on your path, and 4) create a soul-based action plan to step into your soul's desires.

All you need to do is come ready to take your journey to your soul and harness your creative energies that will help you to color your life for the upcoming year. I recommend bringing a journal and wearing comfortable clothing so you can relax into the day. Other than that, you will sit back and allow your soul to lead the way to creating your Vision for 2018!

Vision Day Fee: \$125.00

Includes all supplies including paint, canvas, healing stones, and essential oils.

Must RSVP and make payment by January 9th to assure spot.

Please bring a simple lunch (no microwave or fridge available).

Healthy refreshments will be provided.

*** For payment-- you can send a check payable to Dr. Katherine Kelly, 3000 Bethesda Place, Suite 201, Winston-Salem, NC 27103, pay via PayPal (enter kkelly@drkatherinetkelly.com for email connection).

It's time to create and manifest your optimal life!