



## WHAT'S INCLUDED AND TRIP PRICING



**Trip Leader:**

**Katherine T. Kelly, Ph.D., Author and Speaker, "The Pioneer of Soul Health"**

**I am so thrilled to welcome you on this radiant soul health journey!**

This restorative journey has been designed to help you 1) **Transform** your Life, 2) **Inspire** your Soul, and 3) **Restore** your body—all key aspects of women's radiance! Water has long been known to hold cleansing and restorative energy and there is no better setting than Lake Norman, North Carolina to caress your soul while gaining clarity, insight, and energy to step into the next chapter of your life. Lake Norman is an incredible place to do this and I've found a fantastic retreat-like, lakeside home in which to help you access your inner wisdom and harness your personal power.

I've designed this restorative journey to assist women at this important evolutionary juncture in time. Women are growing and evolving at such an incredible pace that sometimes we need the time, space, and guidance to slow down, restore, and consciously/mindfully create the next chapter of our optimal life. The "power of pause" is essential in the evolution of the feminine spirit, an investment that is certain to ensure your infinite growth. *Congratulations on making a commitment to your soul's infinite evolution!*

I have attended many retreats for my own personal growth and restoration and I'm thrilled to offer this one to guide you on your path to optimal living. Through my own evolution and experience as a retreat participant, I now offer this sacred journey to your soul to help you create a more radiant and soulful life.

## Your specially-designed Soul Health Journey includes the following:

- 4 nights of 4-star accommodations in a luxury guest home in Lake Norman, NC
- Welcome Dinner/Reception Celebration
- All gourmet-level meals included (-minus one dinner)\*  
(\*ALL included if 9 or more people register!)
- All teaching by nationally-recognized author/leader and “soul strategist”
- Materials and supplies for all sessions
- All ceremonies, guided meditations, teachings, and discussions
- Pre-trip “Preparation” conference calls for orientation
- All snacks and refreshments throughout retreat
- “Completion Celebration” Dinner on final evening
- Additional “soul-restorative” supplies/extras provided during the journey (surprises!)
- Tips and Guidance for packing, travel, and full experience the Lake Norman, NC area

### What's not included:

- Round-trip air fare or other travel expenses are not included in the cost of the journey
- Special meal requirements (efforts will be made to accommodate gluten/dairy free needs)
- Travel insurance fees
- Other non-included items such as souvenirs or other personal shopping, personal phone calls, laundry, alcoholic and bottled beverages, and other extras.

## The Retreat Cost:

Because the retreat is offered in a luxury lakeside home with various levels of privacy/accommodation, several different pricing options are available. There are five rooms that can be reserved for single or double/multiple occupancy and one that is considered a “multi-occupancy room”, which can sleep five people. Please read through all descriptions to choose the option best suited for what you need.

- If you want to share a private room with one or two other people, discounts are available, but shared registrations must be reserved within 24 hours of the others to secure the spot and the discounted price.
- If you reserve a private room then decide to add an additional retreat participant later, your fee will be discounted at that time.
- If you reserve a private room as a shared option and one or more participants cancel, you will be responsible for the full individual fee of that particular room, payable upon cancellation of the members in your group.
- It may be possible to upgrade your reservation depending on final registrations.

**Please note: There is a minimum of eight and a maximum of 14 participant spots available for this retreat. If the retreat does not “fill” by 30 days prior to the retreat, it may be cancelled or rescheduled.**

## Your Radiant Accommodation Options:

This incredible and newly remodeled home comes complete with several “silent” indoor and outdoor areas, outdoor fire pit and fireplace, screened porch, wrap-around deck with several seating areas, several indoor lounge areas, workout room, hammock, private dock, and other “radiant” and restorative features. Rafts and floats are available if you choose to spend time directly on the lake (life-vests required and provided).

*Note: Some private rooms have space for blow-up beds if you would like to share the space (3-4 people total). Pricing for private rooms are presented below with discounted price if one additional person shares that room. \*If 3 or more people choose to share a private room, please contact Dr. Kelly to discuss special discount options.*

### ***The Wonderful “West” Wing:***

#### **Lake View Master Suite (Sleeps up to 4 people):**

For the retreatant(s) who wants ultimate luxury and private accommodations! The master suite is located on the west wing of the lake house and features a queen-sized bed with premium mattress and bedding in a room with beautiful vaulted ceilings, en suite bathroom with jacuzzi tub, and outside door to screened porch. This room can sleep two, plus has room for an air mattress if three or four people would like to share this premium space. (*\*Additional discount available if 3 or more people reserve this room.*)

Single Occupancy: \$1495.00

Shared Occupancy (one additional person): \$1295.00 each

\*Additional discount if 3 or more people reserve this room—contact your retreat leader for details.

#### **Lake View “Yellow Room”—Bedroom 2 (Sleeps up to two people):**

This very private room has its own entrance from the front of the home, includes an en suite bathroom with shower, and can also access the wrap around porch through its own sliding door. Vaulted ceilings help occupants expand their awareness on their quest to radiance and a chair tucked by a window allows for quiet, reflective time while staying in this wonderful space.

Single Occupancy: \$1395.00

Shared Occupancy if two people share room: \$1245.00 each

**“The Orange Room”—Bedroom Three (Sleeps up to two people):**

This expansive, yet cozy room faces the front of the house, offers a full-sized bed with premium mattress and bedding and can sleep two. Featuring a vaulted ceiling, this room creates a beautiful energy for your restorative journey. A sliding door provides access to the outdoor wooded area as well as beautiful natural light. A private bath with a shower is located across the hall and is dedicated to this bedroom only.

Single Occupancy: \$1345.00

Shared Occupancy if two people share room: \$1225 each

***The “Evolutionary” East Wing:*****Lake View “Blue Room”—Bedroom Four (Sleeps up to two people):**

This lake view room offers a queen bed with premium mattress and bedding, en suite bathroom with bathtub, and direct access onto the outside deck. A puffy, “pillow” style chair welcomes you for your rituals of reflection for radiant living. Vaulted ceilings help your soul soar as you enjoy your evolutionary journey.

Single Occupancy: \$1395.00

Shared Occupancy if two people share room: \$1245.00 each

**“The Green Room”—Bedroom Five (Sleeps up to three people):**

The Green Room offers a full-sized bed, which can sleep two (see discounted price for two occupants listed below). The space can accommodate a single-sized air mattress (available on site) for retreatants who want to stay cozy, but still have a bit of privacy. This lovely room is on the east wing of the lake house, faces the front of the property, features a sliding door to the wooded area, offers a vaulted ceiling for a spacious feel, and shares a bathroom (shower) with bedroom six. A cozy chair sits quietly by the window for reflection and exploration of the days to come. (*\*Additional discount available if 3 people reserve this room.*)

Single Occupancy: \$1245.00

Shared Occupancy (one additional person): \$1125.00

\*Additional discount if 3 people reserve this room—contact your retreat leader for details.

## The “Group/Multi-Occupancy Room—Bedroom Six (Sleeps up to 5 people):

Perfect for the person who wants to spend their retreat time outside, near the water, or in the many sacred and “silent” areas within the home, but wants a comfortable and nurturing place to lay their head. This bedroom is located on the east wing of this lake home house, facing the front of the property. It includes two full-sized beds and one twin/single bunk bed. Total, the space can sleep five and shares a full bathroom across the hall with bedroom number five. Vaulted ceilings make this room feel very open and spacious and offers a chair by a sliding door for early journal-writing and/or meditation.

This is a beautiful and economical way to enjoy the retreat! (*\*Additional discount if two people choose to share a full-sized bed.*)

Occupancy for three people (not sharing beds): \$995.00

\*If two people choose to share a full-sized bed in this room, please contact your retreat leader for additional discount.

## Payment of Fees:

You may either pay a deposit to hold your space or pay the full amount. A \$500.00 deposit is required to hold your place with your trip registration. (You may reserve your spot for this trip by going to the Soul Health Travel page, scrolling down to the **Women’s Radiance Retreat** to pay via PayPal. You may also send a check payable to Dr. Katherine Kelly—3000 Bethesda Place, Suite 201, Winston-Salem, NC 27103.) The remaining balance is due no later than 32 days prior to the day of departure (September 17<sup>th</sup>, 2018), or you may pay in full at any time. There are a limited number of slots reserved for this journey, so we encourage you to make your reservation and payment ASAP.

If cancellation occurs 45 or more days before departure (September 3rd) there will be no loss of deposit. Any cancellation made between 31 and 44 days prior to retreat (September 4 to September 17) will result in a total loss of your \$500 USD deposit. Any cancellation between 30 days and the trip departure will result in a total loss of funds. We reserve the right to cancel the trip if it is not meeting the trip minimum (eight for this retreat). If we do so your deposit is refunded. Please note that all cancellations must be done in writing. Trip cancellation insurance is always recommended when making travel plans. You may contact Travel Guard Insurance online and choose from several policy options.

If you’ve found this trip after the registration date—call us anyway! We’ll do our best to create a spot for you on the journey!

If you prefer not to make payments online, please call us at 336-659-3923 to make payment arrangements. Money orders are also acceptable for your deposit and/or full registration fee.