

# Color My Soul for 2019

## Vision Day for Creating Your Optimal Soul Path

Sunday, January 20<sup>th</sup>, 11:30 a.m. to 4:30 p.m.

Ahlara International Spa and Boutique

155 Joe Knox Avenue, Lake Norman, North Carolina



Are you ready to make 2019 the best year of your life? Would you like more radiance, clarity, certainty, and focus as you pave your way to optimal living? Have you felt blocked, afraid, or unable to fully step into your soul's purpose? Would you like to learn to manifest your dreams?

Ultimate soul health entails aligning with your inner ally to create the life that best fits your soul's desires. Many of us hesitate and even avoid following our truth, but the time has come to immerse ourselves in the colors of our soul in order to lead the life we've always wanted.

Come join Dr. Katherine Kelly for this one-day, soul-filled, one-day retreat which will help you access your soul's palette and paint your way to radiant soul health! Visualization, color, stones, aromatherapy, and sound therapy will be used to help you create and manifest your optimal life.



During this retreat, you will 1) dive deeply into your soul to create your ultimate vision for 2019, 2) learn to listen to your inner wisdom to create the life you want, 3) gain trust in your inner ally as it guides you on your path, and 4) create a soul-based action plan to step into your soul's desires.

All you need to do is come ready to take your journey to your soul and harness your creative energies that will help you to color your life for the upcoming year. I recommend bringing a journal and wearing comfortable clothing so you can relax into the day. Other than that, you will sit back and allow your soul to lead the way to creating your Vision for 2019!

**Vision Day Fee: \$95.00**

**All supplies included—colors, canvas, healing gemstones, and essential oils.**

**(You will also receive a small sample of Dr. Kelly's "Manifesting Magic"**

**Ascension Oil to take with you.)**

***To register, call Ahlara International Spa and Boutique***

***704-662-0946***

***It's time to create and manifest your optimal life!***